



Self Advocates in Leadership

SAIL UPDATE

August, 2016

People First of Washington Convention is on
September 30th - October 2nd in Renton Washington.

Registration is due by August 31st. Registration forms are online at
<http://www.peoplefirstofwashington.org/>

SAIL will be doing a workshop around voting and referendums and initiatives
on the ballot. The convention is packed with great workshops!

SAIL is hard at work on creating our
legislative prioritizes for the 2017 session. At the September meeting we will be
deciding what issues we want to focus on and what bills we can try to create. If you are
unable to attend the meeting but want to get an update / share you opinions please
contact Noah by emailing him at noah@arcwa.org or calling 360-357-5596 ext. 3

September 13, 2016 meeting will include:

- ◆ Planning for the People First convention
- ◆ Discussion about next year 2017 legislative session priorities
- ◆ Update on the PADSAs grant
- ◆ And much more!

Message from the Chair and Co-Chair

Hello SAIL Members!

Looking forward to finishing up our legislative prioritizes. Also looking forward to the People First Convention and our workshop. I hope everyone has enjoyed their summer by eating health and treating themselves every once in a while. Ivanova is excited about bringing back epic news about things they learned at the PADSAs conference that can make the group stronger and new strategies to help move our legislative agenda.

Eric Matthes, Chair of SAIL Ivanova Smith, Co-Chair of SAIL

For more information about SAIL, contact Noah Seidel; noah@arcwa.org 1.888.754.8798 ext. 3

August SAIL meeting 2016

Location: SeaTac Red Lion.

Shaun Bickley and David Lord did a presentation on supported decision making agreements.

This is an alternative to guardianship. It involves a written, notarized agreement between an individual and the person who they have chosen to help them but does not require a judge's decision. They are proposing this as a bill to the legislators and asked if SAIL wants to support it. Members said they support this bill and would testify if needed.

David Lord talked about DRW's lawsuit re: CF vs Inslee. This is about the state not following Olmstead. There are people who want to move out of RHC's but there are no supported living programs available due to staffing shortages. There are also people in the community wanting supported living who are experiencing the same effect of staff shortage. It's not right that these programs are not well enough funded to support people.

Rainier School is looking for someone with I/DD to serve on their Human Rights Committee.

Transportation to these meetings would / could be arranged. Three members of SAIL expressed an interest. Their names were forwarded to Carolyn Carlson at DDA.

Carolyn Carson and Kate Gallagher from DDA were here to talk about Person Centered Planning. DDA has been working on this for the last couple of years. Many people at the meeting have participated in this. They have collected information are working on a definition. They will change the DDA website to make this definition available to the general public. There are lots of different ways to develop and share your plan. They reviewed a hand-out from DDA on Person Centered Thinking, Person Centered Practices, and Person Centered Planning. This includes ways for individuals who communicate differently to have a plan. Person Centered Planning is not done in isolation. It's a collaborative effort including family, friends, neighbors. This is separate from your DDA service plan but your service plan should reflect your Person Centered Plan.

SAIL's legislative priorities for the 2017 session were discussed. Brian grouped them into three areas: **COMMUNITY LIVING:** Increase provider wages, Accessible & affordable housing, Community protection reform, **CIVIL RIGHTS:** Supported decision making, Closing the RHC's, End sub-minimum wage, Proclamation on forced sterilization, Change signs to respectful language **SERVICES AND SUPPORTS:** Improved contracting process for providers, Maintain / Improve MPC, Increased funding for high school transition services, Increase funding for mental health services

Self-directed services

Cheryl Monk has copies of the proposed law which includes training for providers, health & safety and oversight. There is a question if parents of someone under 18 can be their paid provider.

Legislative priorities will be voted on at the September SAIL meeting. Each member can vote on 2 legislative items.

Eric talked about the People 1st Convention. SAIL will be doing a presentation about initiatives and referendums on the ballot this fall. George, Jody, Eric, Anthony, Shawn Latham and maybe Brittany would like to participate in the presentation. There was a question if presenters need to register for the convention.

Get Healthy with Sandy – Fair Food: Enjoy going to the fair and have a treat! It's only once a year.