



Self Advocates in Leadership

# SAIL UPDATE

February 2015

At our last meeting we spent most of the time discussing legislative bills . It was a long process, but it allowed us to have great discussions about what we want. Since last meeting many bills have died. In March Noah will give an update on what bills are still moving along.

Do you use social media like Facebook, Twitter, Pinterest, or any other sites? SAIL is planning on getting more active on social media! At the March meeting we will be discussing how SAIL will use these tools to spread our message.

In our last meeting we updated our rapid response list along with email address. If your name is not on the list and you want to be added please let Noah know. The list will be used to get quick approvals along with spreading information. At the SAIL meetings we will update the groups on every decision made.

**The March 2015 meeting will include:**

- ◆ Get Healthy with Sandy!
- ◆ Getting more social media activity.
- ◆ Living Well Grant Information
- ◆ Updates on the legislative session

## A Note from the Chair

Hello Sail Members! We hope you had a chance to attend an Advocacy Day in Olympia. If you have not attended one yet don't worry because there are still a few left. We hope everyone has a chance to be involved in this legislative session. There are ways to get involved during the session even if you can't make it to Olympia, please let us know how we can help you get involved.

Sincerely,

Anthony L. Nash II, Chair of SAIL

Eric Matthes Vice Chair of SAIL

**As the Legislative session begins,  
here are a few terms and acronyms to refresh your memory**

ADA	Americans with Disabilities Act
AG	Attorney General
Allies	Washington State Allies in Advocacy Coalition
ALJ	Administrative Law Judge
CRA	Civil Rights Act
CRPD	Convention on the Rights of Persons with Disabilities
DD Act	Developmental Disabilities Assistance and Bill of Rights Act
DDC	Developmental Disabilities Council
DRW	Disability Rights-Washington
EPIC	Equal Partners Interstate Congress
FERPA	Federal Education Rights and Privacy Act
FMAP	Federal Medicaid Assistance Percentages
FPL	Federal Poverty Level
HAVA	Help America Vote Act
HB	House Bill
HCBS	Home and Community Based Services (waivers)
HHS	Department of Health and Human Services (federal)
IDEA	Individuals with Disabilities Education Act
IDEIA	Individuals with Disabilities Education Improvement Act
JAC	John A. Cherberg (Building)
JLARC	Joint Legislative Audit & Review Committee
JLOB	John L. O'Brien (Building)
LA	Legislative Assistant
LEAP	Legislative Evaluation and Accountability Program
MFP	Money Follows the Person
PFOW	People First of Washington
RCL	Roads to Community Living
RCW	Revised Code of Washington
RHC	Residential Habilitation Center
SAIL	Self-Advocates In Leadership
SAW	Self-Advocates of Washington
SB	Senate Bill
SNF	Skilled Nursing Facility
SOLA	State Operated Living Alternative
UCEDD	University Center for Excellence in Developmental Disabilities
WAC	Washington Administrative Code