



Self Advocates in Leadership

SAIL UPDATE

July 2015

House member Linda Kochmar is coming to the Next Meeting!

Representative Linda Kochmar from the 30th district in Federal Way is coming to the August SAIL meeting to talk with us about our concerns and ways we can work together in the future.

THE ADA TURNED 25!!!

There was a 25th anniversary celebration of the ADA (Americans with Disabilities Act) SAIL live tweeted and posted on Facebook about the event. We also had members volunteer and speak at the event.

August 2015 meeting will include:

- ◆ Planning for the People first convention
- ◆ Discussion about next years legislative session agenda
- ◆ Social model of Disability presentation
- ◆ And much more!

A Note from the Chair

Hello Sail Members!

The SAIL group is evolving at a quick and successful rate! At the July meeting we had a packed room! We are now going to start the process of creating our 2016 legislative agenda, I think we will do great things next year. We hope everyone has a safe travel to the August meeting. We can't wait to see you soon.

Anthony L. Nash II, Chair of SAIL Matthes, Co-Chair of SAIL

June SAIL meeting 2015

Location: SeaTac Red Lion.

July Self-Advocates in Leadership meeting.

Introductions.

Community first choice program. New waiver. New state plan benefit. Any one that is eligible for DDA functionally and financially. Converted the Medicare program. Created from affordable care act. Support richer plan. Lots more than personal care. Support people moving out of institutional care. Sustain future. We get 6% more money from feds. It used to be 50% and 50% between state and federal. Skills aquarium training. Relief care. Personal emergency respond system a device to get person to help quickly kinda like life alert. Community transition services which is a service for people that transition from institutions to community. Relief care that allow primary care provider break. Caregiver management system. Assistive technology. Device to help turn application off. Hours can be divided between, relief care, personal care and skill aquarium training. Personal care is separated from employment support. 500 dollars use to buy assistive tech. Clients determine the goals for aquarium training. Rules on scope of practices. Caregiver perform services. They can teach domestic stuff but not things a physical therapist teaches. Need more provider contracted with DDA. \$500 get at every fiscal year. Personal care, no longer on listed on waiver.

Person center plan: get a job, having friends, going on vacations, doing something you enjoy in your neighborhood, learning something new, owning a home. Client get to drive plan. It all based on their ideas and goals. People with disability can became peer mentor. Sail member may became involved with this aspect. This be side project with SAIL.

Community summit planning committee, need two new representative. Who going to put people names in hat. The person that picked has to have own transportation. Community summit went well. There were accommodation issues. Some members got to meet the governor before his speech.

Social model presentation moved to next meeting,

ADA rally celebration. July 22 at 4pm to 6 pm. Westlake center in Seattle. Legislators and governor aid going to be to speak. Mayor of city will be there. King five be down there. Has a Facebook page.

People First Convention. September 19-20 of 2015. It in Spokane at double tree. Registration is due by August 15. Plan on is four people to room, it cost \$215. Plan two, \$255 two people to room, plan M is for couples it \$440, plan three is \$330, for one person in room. Plan 4 is \$100 no hotel room. \$90 plan is for \$90.